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Traditional Archers of New Jersey, Inc.

Off the Shelf

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PRESIDENT'S MESSAGE

As you read this the 21st Annual Whittingham Rendezvous will have come and gone. Once again with great success and camaraderie. I wish to thank the Appalachian Bowmen who again opened their arms and hearts to us and help make the TANJ, what it is today. During this year's Whittingham Rendezvous weekend your council and fellow TANJ members worked tirelessly making this our most successful yet. Al Klenk, Jeff Strauss and family, Ron Ellison, Joe Serrano and Jim Farley were at the helm manning the TANJ Texas Wac Um event all weekend. I also like to thank the following TANJ members that came and volunteered to help man our table Dave Onesti, George Sappah, Noreen Riotto and Darleen Mascino we could not have done it without you.

The Annual Texas Wac-Um Charity event is always a success and this year we collected over \$675. This years winner of the Grand Prize was Eon Woods from Princeton, Maine, (his picture is on our website) All proceeds raised during the 3 day contest will go towards our "Al Reader Archery for our Youth Program". Two weeks ago we purchased new kids bows, arm guards and gloves and arrows to start the ball rolling this year. The beautiful Grand Prize was a bow that was graciously donated again by Jeff and Jen Strauss of Allegheny Mt. Bow Co. Anyone interested in buying a truly custom made Allegheny Mt. bow please give Jeff a call at (201) 988 9213). This is Jeff's 4th year as the grand prize sponsor of this event. Jeff presented me with a bow and it was a surprise to say the least. It's so beautiful and some shooter and it's already been in the field on some turkey hunts the last few weeks.

During the weekend we sold over six dozen of our new serine green new logo T-Shirts along with our now famous camo short brim hats, patches, window decals. That weekend we handed out many paracord survival bracelets to the kids that attended. By Sunday afternoon we had 22 members renewed their dues and 7 new members join our organization. These items will again be for sale during the 19th Annual Big Foot Open weekend July 13th and 14th at Black Knights, Jackson, N.J. The Traditional "LastMan Standing" will be held at 11:30 a.m. on that Sunday! Irene Bowers is already working on a custom knife for the winner a one of a kind prize! Anyone can enter and anyone can win. Join us that weekend camp out and come see what all the Fun in about!

It's also TANJ's 21st Anniversary our organization started the same year back in May 1992 when four Traditional Archers responded to their friends request and started the Traditional Archers of New Jersey. The Charter members back then were Donald Ferraro, George Louis, Al Reader and Joe Riotto. Look at what a great organization we have become and we are still the only National recognized Traditional Archery Organization in the State of New Jersey. During the meeting Phil Muller (past President) presented to Joel Riotto a award knife custom made by Irene Bowers ,as a thank you for being the first President of TANJ. Members that also received awards were Frank Zsenak (past Treasurer), Phil Muller (Chairman of NJ

Bowhunters Game Dinner), George Sappah (Treasurer) and Mike Tully (GutYankers) for going beyond the call of duty for our organization throughout the years.

Did you know that the following week after our Annual meeting that TANJ helped sponsor again The Oxford Middle School Youth Archery Team of NJ for the sixth year with a \$500 donation? This team of 28 boys and girls traveled to Kentucky along with their parent and coaches Rob Causton and Matt Hibbit the second weekend in May to defend their title and represent New Jersey in the "National Archery in the Schools Program" Youth Archery Competition. They again returned with many championship awards and broke a few shooting records and won some school scholarships. This sponsorship along with the much other charitable sponsorships could not have been possible without your continued support of our yearly events. If you have not attended the Annual Game Dinner, or one of our many 3D shoots please try it's your club see what everyone is talking about.

We still need members to step up and fill in the following council positions- Shoot Coordinator, Merchandise Director and Membership Director. If you did not attend this year's meeting I will be stepping aside by the Fall as your President and hopefully qualified members will step up and continue to light the flame of Traditional Archery in New Jersey. If you would like to join our council please send Ron Ellison an email with your qualifications.

Special Note: If you have not paid your dues please do so and help support your club. The quarterly TANJ News Letter alone is worth the \$15 yearly dues. If you owe back dues please call and talk to our Membership Director Ron Ellison can always work out some kind of arrangement. We want you to stay a TANJ member!

It's time for you to get involved next Hunting Season. Please donate your deer to Hunters Helping the Hungry (HHH). Just follow the simple instructions on our web page and in this newsletter. TANJ is a supporter and we again need your help!

Please look at our web page www.tradnj.com for current 3D shoots and events. We also post many charitable events along with pictures during the year. We also have a TANJ FaceBook page please

"Like" us it only takes a minute. I Tip My Quiver to You,

Gerry "Doc"
Decaro
El Presidente





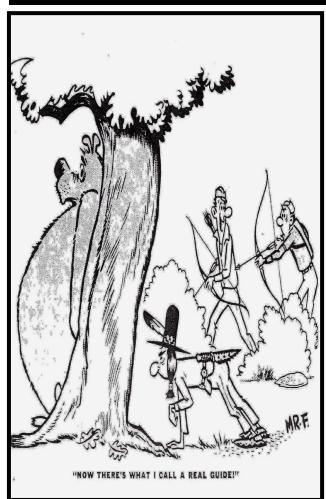




Summer **2013**

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Kansas Turkey Hunts
XTREME Hunts of Kansas is offering turkey
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In Kansas the turkeys start their breeding season here in mid to late March and continue into late April and we will use that to our advantage during the hunt.

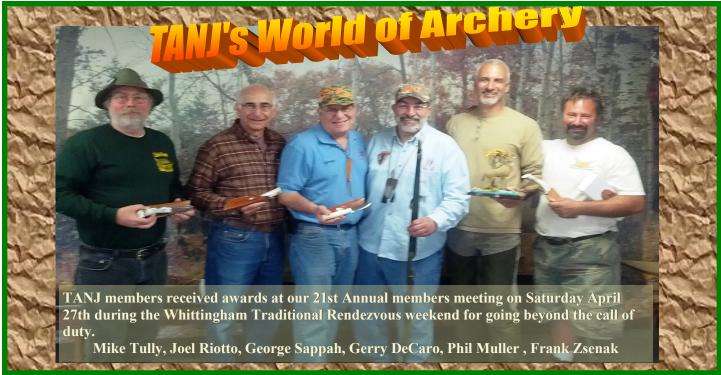
Turkey Hunts

2 day hunts non guided \$600 3 day hunts non guided \$900 Guided hunts add \$100 per day. Meals and Lodging is included in the hunt













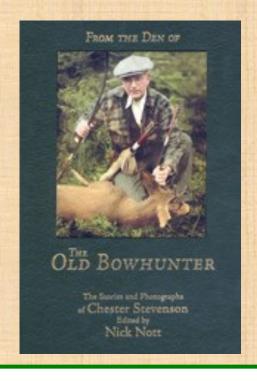


Archery Archives

The legendary...Chet Stevenson

Chet Stevenson's book "From the Den of The Old Bowhunter" ia a wonderful book edited by Nick Nott covering the life and times of Chester Steven-son. Chet Stevenson was a tremendous hunter, bowyer, photographer, and story teller. The beautiful cover entices you to open the book and drift back in time to the early days of archery in the Pacific Northwest. The pages are full of vintage photographs and stories to inspire you and some that will leave you awestruck. A true treasure, this book belongs on all of our bookshelves. Chet Stevenson was an adventuresome archer and was an explorer in the truest sense of the word. He would take off into the Cascade Mountains and roam. He made a whole bunch of bows and arrows and killed a lot of game with them. He enjoyed hunting Black-tailed Deer with a longbow and I think he shot a Grizzly, too. Available at Kustom King Traditional Archerys:

http://www.kustomkingarchery.com/From-The-Den-of-The-Old-Bowhunter/productinfo/5400/



WOODSMOKE



DEAR ABBEY,

I am growing more concerned about my relationship with my wife of 25 years. It seems she has met some new "friend" that I never seem to meet. She won't even talk about it Every time it is the same thing: There is a phone call at my house. I pick up the phone but no one answers then, "click" they hang up! Twenty minutes later I hear the front door slam as she leaves the house and a mysterious car with darkened windows rolls up and whisks her away.

Time and again I peer through the window and never see this person. I am getting tired of eating my dinner alone each night as well.

I admit that I am becoming jealous of this mystery person lately. I am ashamed to admit that I allowed the jealousy get to me last night. Here's what occurred: I got home from work late and went from my garage right into the kitchen when the phone rings. I instantly ran back out to the garage and quietly hid behind a collection of Bamboo-backed Bows that I have hanging on a wire. Twenty minutes later, that car pulls up and my wife trots out to greet the mystery person. I bent over to peer through the limbs of my bows when all of a sudden I noticed it!!!

One of the lower limbs of my bows has a delamination right near the horn nock! What should I do to fix it!?!

Signed, Desperate Arrow Flinger







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Message from a former Ocean Count 4H member that shot at Black Knights Range when she was in high school. In 2012, we donated archery equipment to her and her roommate also from New Jersey.

Hi Doc.

I will be back in NJ in time for the summer this year for a week because my school has offered to pay my travel expenses in exchange for if I talk to students about my college.

Last time we spoke you said that you wanted to book a Moose Hunt in Maine with your friends. If you decide to come please stop by our college and visit our archery program and you can watch Katie and I shoot. We are the only ones that shoot in the traditional way in our club but many more are seeing the fun we are having and would like to learn.

College is going well for both Katie and me. This year I am taking Statistics, Calculus, Marine Biology, Sustainable Citizen and Population and Community Ecology.

We shoot whenever we can and as I told you we again broke some nocks so please send the nocks and glue to me since there are no stores around we are in the "boondocks" that sells anything like that where our college located. Our cell phones never work where we are located and have to travel to town to make a call. If you have any extra arrows that you can spare it would be a great help too? Ha!

Like I told you last time I wrote I'm staying with my friend and her family this summer again so that I can make some money for college and my tuition. I'm having fun and shooting with my friend's brother who is in boy scouts and is 11. I will try to write more and send pictures when I can.

Again please thank all your T.A.N.J members from your organizations on their archery equipment donation and that we are working hard studying even harder but most of all love shooting our stickbows every chance that we get.

Love you guys,
Mandy
Amanda Bonilla
Unity College Marine Biology'15
Marine Biology Club Treasurer / Ocean County Bowbender 4H member



TANJ 3-D Shoot Swap Meet and NJ Archery Event Calendar 2013











Saturday June 22nd Sunday June 23rd Black Knight hosting Mid-Atlantic Outdoor Championship Jackson, N.J. Trophies and Awards event!

<u>Saturday July 13th</u>-Sunday July 14th Black Knights Big Foot Open Weekend T.A.N.J./BKB Last Man Standing July 14th at Big Foot Open starts 11:30 a.m.

Sunday October 20th T.A.N.J White-Tale Fever 3-D Shoot and Swap Meet WaXoBe Monmouth Junction, N.J.

All T.A.N.J 3-D events are Swap and Shoot for Fun Events –All Vendors are welcome to set up a table at no charge but we ask for a donation towards our door prizes.

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A History of Asian Archery & Warfare By Jorge L. Coppen

any archaeologists agree that bows were used at least 50,000 - and perhaps 150,000 - years ago. Most scholars place the invention of the bow during Paleolithic Period (old stone age). The oldest known existing bow was dated to 8,000 years ago and was excavated from South Zealand in Denmark in 1944. Archery reached its apex of efficiency with the people of Central Asia. These Asiatics constructed



composite bows consisting of a wood core with animal sinew and sometimes a facing of strips of horn. These bows featured strongly recurved limbs that allowed for more stored energy and hence greater cast of the arrow. With this weapon, the nomads from the Asian steppes became the terror of the world and remained so long after the empire of the great Tamerlane. In ancient wars, more people were slain by arrows than have been killed by modern firearms in the modern world.

The superiority of Asian bowmen continued into the Christian era. Emperors and nations rose and fell, and history was shaped by the clouds of humming shafts. Assyrian and Babylonian kingdoms lying in the fertile lands between the Tigris and Euphrates Rivers were contested many times by warriors shooting bows. From 3,000 - 300 B.C. when these empires fell to Persia, this area became the center of Asian civilization and the home of the chariot-borne archer.

In conflicts with Medes, Babylonians, Greeks and Egyptians, the Persians - who were almost completely dependent on bows in warfare - were superior warriors because the bow proved a distinct advantage over spear-throwing, slow-moving infantry soldiers.

Attila the Hun

EAGRA

The Huns of Central Asia formed the first hit-n-run waves of archery assaults against Europe. The Huns country was on the back of a horse **Attila the Hun** (A.D. 455-53) was the most successful hit-n-run campaigner. His mounted bowmen lived off the land and laid waste to all they passed. In tough times they drank the blood of their mounts to survive the harsh environment.

Then came the Mongol, **Genghis Kahn** (1167[?] - 1227), called —Temujin, also known as The Scourge of God by Christians — who ruled all from the Arctic Ocean to the Red Sea and from Volga to the Sea of China. He came closer than any other man to conquering the world.



Gengis Khan (Temujin)

Tamerlane (from "Timur the Lame") was the second great Mongol conqueror who followed the pattern laid by Temujin and Attila. His mounted bowmen raided across two continents leaving ashes and desolation in their wake. After Kahn, the bow came

to symbolize the supreme ruler amongst Mongols and the arrow was the sign of his ambassador.

was the sign of his amoassador

Tamerlane

When the Turks came out of the Central Asian steppes, they fell under Moslem influence and adopted archery lifeways. The Turkish bow reigned as the supreme weapon in Asia for over

100 years dating from the middle of the 14th century. Modern archers owe a great debt to those designers of ancient Asian bows. Even the famous English bowmen with their yew longbows were outclassed by the Turkish horse archers during the Crusades.

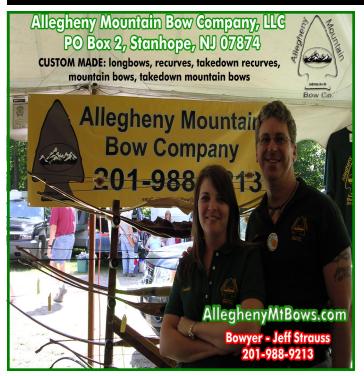






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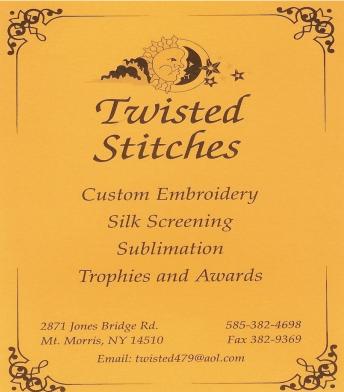
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he 60 teammates of the Blue Streaks co-ed archery club at Warren Hills Regional High School have one common thread – They are archery champions of the National Archery in the Schools Program (NASP). Their competitiveness, under the tutelage of head coach Jim Reynolds and assistant coach Matt Hibbett, against more than 100 teams speaks for itself. The state title came to the Blue Streaks in defeating Livingston by 400 points.

Competing against 10,000 shooters, Warrens Hills archers Billy Docker (Junior) and freshmen Danny Farkas and Jenna Ischinger, shot at the NASP national championship in Louisville, Ky. Jenna Ischinger finished 35th in her division.

All competing archers use the same bow and arrows to keep fairness in the equipment selection and the shooting is done from 10 meters and 15 meters to keep it standardized across the nation. The proud Blue Streaks' are real zealots when it comes to shooting their bows and arrows. Obviously, coaches Reynolds and Hibbett have taught them well that consistency is key, both physically and mentally.

Interestingly, Reynolds and Hibbett have observed that these competetive archers apply the discipline they have learned to other areas - academics. In fact, some of these sasm archers showed improved grades, and better attitudes.

One thing about archery is that - as Reynolds has pointed out - even for people who never excelled or never showed interest for any other sport, they can have fun and be quite successful at archery. But, what's important here is developing skills and the proper behavior to succeed in life. All you need is dedication and mental discipline – common traits that spell success in any pursuit. The competition is real. The stakes are high. No commitment – No success. It is clear that the students understand it. Winning is the goal of course but it is the underlying lessons that matter. They are rightfully proud of their accomplishments. So are we!

The kids mentioned in this article were on the Oxford Middle School Archery team that TANJ sponsored for the last 6 years.

They are now on the Warren Hills Regional **High School Archery** Team and competed at the NASP Nationals in **Kentucky on Mothers** Day weekend'2013.

CONGRATS!







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TANJ Team Oxford and NASP National Archery in the Schools program

he 2013 NASP® National Tournament was held May 9-11 at Louisville, Kentucky's Exposition Center. The indoor archery range there is the world's largest at 1,350 feet because it had to accommodate the world's largest gathering of archers at 9,426 students this year. This was larger than the number that set the Guinness World Record at last year's NASP Nationals with 7,804 4th-12th grade student archers. Students from nearly 600 NASP schools across the United States just buried the world record they set just one year ago!

Archers from New Jersey's top-ranked elementary school, middle school, and high school attended this year's national tournament. Below are brief reports of their experiences.

Angelo L. Tomaso School (Elementary School State Champions):

As a new NASP school this year, archers from Angelo L. Tomaso school had just a few months to train for the national tournament. Parents and archers flew out to Kentucky while coach Doug Clark drove out with the equipment. Everyone had a great time and shot their personal best while at nationals!

Oxford Central School (Middle School State Champions):

Oxford was ranked 23rd out of 154 schools in its division. The team had an adventurous trip to Kentucky, dealing with transportation issues both on the way out and back. They spent 16 hours on the bus trying to get to Louisville because the bus broke down and the team was stranded in Ft Wright KY for 4 hrs until a local company sent a bus to pick up the kids, the parents, and equipment. The way home took 14 hours as the bus limped along through the night, stopping every 50-60 miles to add water to the radiator. The team was very solid top to bottom. All 24 archers did well. 35 parents and relatives made the trip with the OCS team. The community raised over \$14,000 dollars to cover the cost of the trip!

Warren Hills Regional High School (High School State Champions):

Warren Hills HS -Three students from Warren Hills Blue Streaks Archery competed at the nationals. Jenna Ischinger, the NJ 2013 Female State Champion, shot a 287 and was ranked 25th in her division, 9th in her grade, and 35th overall. Here is a link to an article in the local paper about the Warren Hills archery team: http://www.lehighvalleylive.com/brad-wilson/index.ssf/2013/05/ warren hills regional high school archery club shooting for success.html

Congratulations to all NASP archers and a job well done! Melissa Woerner.

National Archery in the Schools Program Coordinator NJ Division of Fish and Wildlife

26 Route 173 West Hampton, NJ 08827 Ph: 908-735-2006

Melissa.Woerner@dep.state.nj.us

Fax: 908-735-6361









NJ BOWHUNTERS GAME DINNER 2013











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Who was the Iceman?

Ötzi's copper axe is an important clue about his social status. Copper axes and daggers were status symbols denoting membership of the warrior or leadership class, as attested to by human-like stone statues of the time. The Iceman and his family therefore had considerable status within their community and may well have been cattle owners, chiefs or village representatives.

The Iceman's knife was only 5 inches long, its flint blade resembled an arrowhead. It was driven into the wooden handle. The split handle was secured with sinew. The sheath was woven from lime bast (made from the inner bark of a lime tree).





The Discovery

Thursday, September 19, 1991 – 1.30 p.m. Tisenjoch 3210 m above sea level Ötztal Alps (South Tyrol, Italy)

On a sunny day two hikers, Erika and Helmut Simon, from Nuremberg in Germany, were walking in the Ötztal Alps. Descending from the Finail peak in the Tisenjoch area, the Simons decided to take a shortcut and left the marked footpath. As they walked past a rocky gully filled with meltwater, they noticed something brown on the gully bed. At first they thought it must be some sort of rubbish, but on closer inspection they realized with horror that they had discovered a human corpse.

How He Died

After his last meal, stomach still full of grains and ibex meat he was shot in the back with an arrow, creating a 2 cm wide hole in the left shoulder blade and severed a major blood vessel and damaged the neurovascular fascicles of the left arm, which must have caused heavy bleeding and possibly paralysis of the arm. The Iceman probably bled to death within a matter of minutes. In addition, a deep wound to the hand and numerous abrasions and bruises confirm that the Iceman was involved in hand to hand combat shortly before his death. A recently discovered craniocerebral trauma with major bleeding in the back of the brain along with a skull fracture, indicate a fall or attack.







The Bow

The Iceman carried a 1.82 m long bow stave on his journey. When he arrived at the gully, he evidently leaned it against a rock, where it was found still upright thousands of years later. The bow was hewn from the trunk of a yew tree. Clear traces of carving on the surface – expertly and carefully executed axe cuts – show that the bow was still unfinished. The stave still had to shaped, rubbed down and polished using field horsetail as an abrasive.

The Arrows

Researchers were astonished when, upon opening the quiver, they found only two finished arrows along with a dozen rough arrow shafts.

The unfinished shafts are between 84 and 87 cm long and made of the shoots of viburnum sapwood. The bark had been removed, but they had not yet been smoothed. All had notches cut into the ends.

Both finished arrows had flint arrowheads fixed to the shaft with birch tar and then bound with thread. The other ends bear the remains of three part radial fletching attached with birch tar and thin nettle thread. The fletching served to stabilize the arrow during flight. It is the first time that fletching had ever been preserved on prehistoric arrows. One of the arrows had a two part shaft with a short extension of dogwood inserted into the main shaft.

According to technical archaeologist Harm Paulsen, the two arrows could not have been fashioned by the same person. The fletching shows that one was wound by a lefthander and the other by a right hander. Furthermore, the arrow with the extended tip was too long for the Iceman's quiver.

The Quiver and its Contents

Before he died, the Iceman carefully placed his quiver on a stone slab. The rectangular, elongated hide bag was made of chamois hide. It is stitched together along its length and the lower narrow end and is supported along its length by a 92 cm long hazel wood rod. This supporting strut had already been broken in three during Ötzi's lifetime. He was even carrying one of the pieces. The lid and carrying strap were missing. The side pocket was elaborately.







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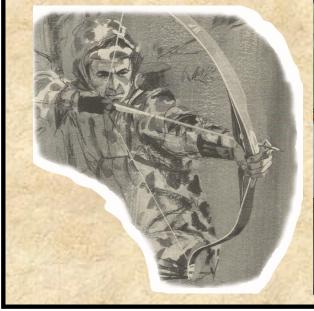


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Another TANJ NJ Bowhunters Game Dinner Sponsor!!!

The Annual Texas Wac-Um Charity event was held at the 21st. Annual Whittingham Traditional Rendezvous. The winner was Eon Woods from Princeton, Maine. Proceeds raised during the 3 day event will go towards our "Al Reader Archery for our Youth Program." The beautiful grand prize was a bow that was graciously donated by Jeff and Jen Strauss of Allegheny Mt. Bow Co. Anyone interested in buying a truly custom made Allegheny Mt. bow please give Jeff a call at (201) 988 9213. This is Jeff's 4th year as the event grand prize sponsor. Pictured (L to R) - Eon Woods, Jessica Strauss, Al Klenk, Gerry DeCaro









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TANJ Members

We are requesting stories especially from the old days of 1950s, 60s and 70s with photos to celebrate our traditional past.

Please send articles submissions including:

- How to articles
- Hunt adventure the cles & photos
- Harvest photos
- Legislative news
- Events

jlcoppen@comcast.net

LETTER TO THE APPALACHIAN BOWMEN

We the T.A.N.J. the Traditional Archers of N.J. would like to thank our brothers and sisters of the Appalachian Bowmen of Sussex County for their kind support of our organization since 1992.

This years Whittingham Rendezvous was a special one for me as I will be stepping "aside" as President of T.A.N.J. in the next few months. It has been 8 years with me at the helm and the relationship between both of our organizations has grown with both of our organizations working as one team for a great cause.

We were very impressed with the Kochanowski and Bovair girls working side by side with their Mothers and other volunteers over the weekend helping to raise money to purchase equipment for your youth archery clinics which are held monthly at the Appalachian Bowmen of Sussex County Whittingham Club House. We tip our Quiver to You Great Job Girls!

The TANJ membership will try to attend all the Appalachian Bowmen Whittingham events. See you in August. "Protecting the Future by Preserving the Past'especially for our Youth! Again we thank you for all that you have done to support us.

God Bless, Gerry "Doc" DeCaro T.A.N.J President

Fred Bear

Terry Gaudlip harvested this Turkey that weighed 22 lbs, 9 oz. NICE!!!





A downed animal is most certainly the object of a hunting trip, but it

becomes an anticlimax when compared to the many other pleasures of the hunt.







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TANJ and Friends of the Bow

The event was called "Princyclopedia" and it was held in 2012 at Princeton University's Dillon's Gym. It's was a huge, highly interactive, "book convention" for children ages 4 to 14. Each year the Cotsen Children's Library at Princeton University Library select a different book (or story) and then they bring it to life through different "convention" tables that feature a hands-on project, demo, or something cool to take home that relates directly to the book. Princyclopedia was open to the public and free of charge. This year's book is Robin Hood, arguably one of the most famous archers in history.

All we can say is well over 3500+ were in attendance by 1 p.m. and crowds of parents with their families were still walking through the

presented four organiza-

door. TANJ represented four organizations that day TANJ, UBNJ, Black Knights and WaxoBe and their traditional archery members.

We had on our TANJ Robin Hood hats and set up 5 tables with at least fifteen different longbows, many different kinds of arrows, quivers, poster boards.

boxes of goose feathers, medieval bodkin points and hunting heads hide glue, sinew, wood blanks, snake skins, hand sander & files of all shapes and sizes.

We had non stop demonstrations from 10 a.m- 3 p.m. on table one and had table two featuring medieval bow building vs modern longbows and an intro to sinew cordage, flemish string making and arrows building from the past to the present demonstrated by Justin Flores (Outlaw Bows) & Al Klenk (Allegheny Mountain Bow Co.)



Ron Ellison and myself were on table three demonstrating how to cut Canadian goose feathers for fletching splitting the quills then cutting them in all shapes and sizes and we then handed them out to the kids that attended. The line of kids and their parents never stopped until the bell rang at 3 p.m. During the event we also spoke about our mission statement along with providing handouts on the various archery clubs, organizations and ranges in New Jersey. We also had some parents write their names and emails if they wanted their children to learn to shoot archery especially in the New Jersey NASP National Archery in the Schools program

On table four and five John Fields demonstrated the making a medieval arrow starting from a square wood blank to the finished fletched arrow in addition to sinew, hide glue and medieval arrow points, self nocks including an introduction on making of self bows.

Towards the end of the event a Girl Scout leader from Princeton wanted to know where her troop of 35 girls can learn to shoot archery since she saw the Hunger Games and her troop have never shot the bow. I told her to con-

> tact Mike Tully and Shawn Penn of the Heritage Guild who will be hosting a Boy and Girl Scout day at the Oak Ridge Public Range in Clark,N.J. on a Sunday, to be decided, in the fall. The Traditional Archers of New Jersey would like to express our sincere ap-

> > preciation to our host Dana Sheridan the Education & Outreach Coordinator at Cotsen Children's Library at Princeton University Library along with Erin Metro, Katie Zondlo & Kim

Freidin in addition to all the Princeton University students who did an outstanding job throughout the day.
"We Tip Our Ouiver To You!"

This is what our organization is all about, "Protecting the Future by Preserving the Past" Doc





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The Native American and their Bow and Arrows

The bows made and used by Native Americans were what is commonly called a "self" or "true" bow. This is a bow made from a single piece of wood that is durable and flexible enough to be bent in the proper shape. The stone tools that the Native Americans used limited the amount of woodworking that they could accomplish, and a "self bow" allowed for a bow to be created without sophisticated technology. Theses bows had small notches carved by stone into the top and bottom of the shaft upon which to string the bow.

The early bow and arrows were made from the wood of various trees like cherry, ash, cedar, oak, hickory and practically any other wood available at the time. Sometimes, the rib bone of animals or even antlers and horns were used. For the string portion of the bows, fibers were harvested from local plants like milkweed and yucca. But because harvesting and preparing the plants took more time, tendons, stomach lining or rawhide from animals were primarily used instead.

The shaft of the arrows was primarily made from the wood native to the region. Even hardy reed grass was used in the construction of bow and arrows. The Indians were resourceful in using what was available at the time.

For the arrow tips, there was a wide variety of materials used. When metal was available, it was used for the tips in bow and arrows. Flint was a popular material as was animal bone, wood and stone. Each type of tip was constructed differently based on what was being hunted and killed. There were harpoon-like arrow tips for fishing and large blunted models for small game and birds. Finding these bow and arrows today would give you a good glimpse into what the natives lives were like back in the day.

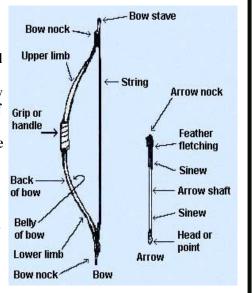
The fletching or end of the arrow was often made from the feathers of eagles, turkeys and hawks. However, any other birds in the local area were also fair game. The fletching part of the bow and arrows makeup was to provide a balance and create a trajectory suitable for hitting a target.

The construction of the bow and arrows used by the Native Americans was clever. The physics involved depended a great deal on the length and weight of all the materials involved in the bow and arrows. While the natives may not have understood the concept of physics and trajectory, they definitely mastered the practical aspects of it.

Gerry Doc'DeCaro

The American Indian

American Indians did not always have the bow and arrow. It was not until about A.D. 500 that the bow and arrow was adopted in Iowa some 11,500 years after the first people came to the region. Primary benefits of the bow and arrow over the spear are more rapid missile velocity, higher degree of accuracy, and greater mobility. Arrowheads also required substantially less raw materials than spear heads. A flint knapper could produce a large number of small projectile points from a single piece of chert. Even with the gun's many advantages in the historic era, bows and arrows are much quieter than guns, allowing the hunter more chances to strike at the prey. Indians used arrows to kill animals as large as bison and elk. Hunters approached their prey on foot or on horse back, accurately targeting vulnerable areas. The choice of materials and the design of arrows and the bow were not random. Some materials were generally more readily available than others.

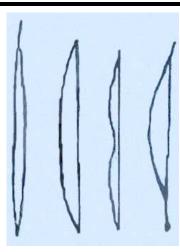




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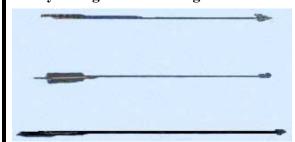
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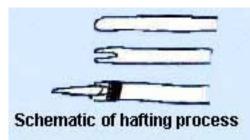


Environmental conditions also affected the choice of materials. Humidity affects wooden bows, and temperature affects horn and antler. The intended use of the system, on foot or horse back, for instance, affects the final design. Bows used while mounted on horseback tend to be shorter than the bows used when on foot. Since the length of the bow determines the stress placed on the bow when drawn, shorter bows tend to be made of composite materials while bows used when on foot can be made of wood. Indians used a variety of materials to make the *bow stave*, relying on materials that met certain requirements, most important of which is flexibility without breaking. Several species of plants and some animal materials met these requirements. Ash, hickory, locust, Osage orange, cedar, juniper, oak, walnut, birch, choke cherry, serviceberry, and mulberry woods were used. Elk antler, mountain sheep horn, bison horn, and ribs, and caribou antler also were used where available. Bow construction techniques included a single stave of wood (*self bow*), wood with sinew reinforcement (*backed bow*), and a combination of horn or antler with sinew backing (*composite bow*). Hide glue was used to attach the backing. Bow strings most

frequently were made of sinew (animal back or leg tendon), rawhide, or gut. The Dakota Indians also used cord made from the neck of snapping turtles. Occasionally, plant fibers, such as inner bark of basswood, slippery elm or cherry trees, and yucca were used. Nettles, milkweed, and dogbane are also suitable fibers. Well-made plant fiber string is superior to string made of animal fibers because it holds the most weight while resisting stretching and remaining strong in damp conditions. However, plant fiber strings are generally much more labor intensive to make than animal fiber strings, and the preference in the recent past was for sinew, gut, or rawhide.

Arrow shafts were made out of shoots, such as dogwood, wild rose, ash, birch, chokecherry, and black locust. Reeds from common reed grass were also used with some frequency throughout North America with the exception of the Plains where reeds did not grow. Shoots were shaved, sanded, or heat and pressure straightened. Tools made of bone or sandstone were used to straighten the shaft wood. Because they are hollow and light, reed-shaft arrows typically have a wooden *foreshaft* and sometimes a wooden plug for the nock end of the arrow. If a foreshaft was used, it could be glued to the main shaft, tied with sinew, or fit closely enough to not need glue or sinew.



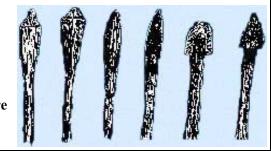


Prehistoric points or heads were made of stone, antler, or bone. Thin metal, bottle glass, and flint ballast stones also were used to make points in the historic period. Points

were attached to the arrow shaft with a variety of methods. Most frequently, the arrow shaft would have a slit cut into the end to accept the point. Sinew would then be wrapped around the shaft to pinch the slit closed. Points could also be hafted directly by wrapping sinew around the point and the arrow shaft. Metal points gener-

ally were attached using the same techniques and only infrequently attached by means of a socket.

Indians made many types of arrowheads. In addition to the traditional triangular stone arrowhead, carved wood or leather points have large, broad surfaces. Different types of arrow tips were used for different purposes, such as for large game versus small game. Small triangular stone points are not bird points: large, blunt-tipped wooden points were used for birds. Harpoon-like points also exist and were used in fishing.





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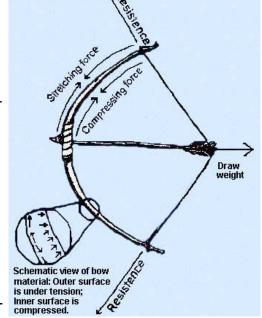
The American Indian Part II

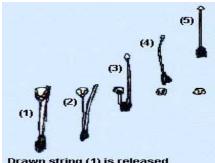
Fletching of bird feathers was sewn to or inserted in the shaft. Feathers of wild turkey were preferred but many other birds, including eagle, crow, goose, hawk, and turkey, were often used. Sinew was generally used to attach the fletching by first stripping some of the feathers from the front and back of the vane and then tying the vane to the shaft in front of and behind the remaining feathers. Sometimes plant twine was used to sew through the quill. Hide glue was used with or instead of sinew ties. Animal products like sinew have the advantage of tightening as they dry.

The fletching balances the weight of the arrowhead to prevent the arrow from tumbling end-over-end in flight. When fletched properly, an arrow may spin in flight producing an ideal trajectory. A similar effectiveness is gained by placing grooves in the barrel of a rifle to cause the bullet to spin. In fact, until the invention of rifled guns, bows generally proved to be more accurate and could shoot arrows further than powder-thrown missiles.

The bow and arrow is a complex technology. Each element must be balanced in proportion to the others and to the user to make an effective

tool. The bow acts as a pair of springs connected by the grip or handle. As the string is pulled the material on the inside or belly of the bow limbs compresses, while the outside or back is stretched and is placed under tension. This action stores the energy used to draw the string back. When the string is released, the limbs quickly return to their state of rest and release the energy stored by drawing the string. Therefore, the power of a bow is measured in terms of draw weight.





Drawn string (1) is released bending point away from bow stave (2). Arrow recoils pulling continues to briefly oscillate (4). straightening toward intended target (5).

The height and strength of the archer determines the ideal draw weight of the bow. A combination of the length of draw and the draw weight of the bow determines the cast (propelling force) of the bow. Adjusting either or both of these features allows the arrowhead to be made larger or smaller as needed.

The draw weight of the bow also determines the ideal weight and diameter of the arrow shaft. Even a bow with a high draw weight can only throw an arrow so far. If the arrow is too heavy, it will not fly far or fast enough to be very useful. A shaft that is too thick or too thin will also lead to problems. It must compress enough to bend around the bow stave as it is launched by the string. If it does not bend, the arrow flies to the side of the target. If it bends too much, it will wobble (reducing the striking force) or even shatter.

The length of the draw, also determined by the body of the archer, determines the length of the arrow. The maximum cast of the bow determines the maximum weight of the point. This is how we know that certain "arrowheads" can not really have been used on an arrow, at least not to any good effect. A general rule of thumb is that a stone arrowhead will be less than 1 1/2-x-3/4inch in dimensions and will generally weigh less than one ounce. Larger "arrowheads" probably would have been spear, dart, or knife tips.









Venison Recipes

Antelope Chops & Rice

- 6 to 8 Antelope Chops
- 2-3 Tbsp. Margarine
- 1 Lg. Onion
- 1 Green Pepper sliced in rings
- 1 Can Tomato Soup (10-11 oz.)
- 1/2 Soup Can of Water
- **Hot Rice**

Trim all fat from chops and brown the meat in hot margarine. Place chops in a single layer in a shallow baking dish. Top each chop with a slice of onion and a ring of green pepper. Combine soup and water in a small bowl and mix well. Pour over Antelope chops. Cover with foil and bake in oven at 350 degrees for 30 minutes. Remove foil, Baste and return to oven to bake for an additional 30 minutes or until tender. Baste once or twice the last 30-minte baking period. Serve on a bed of hot cooked rice.

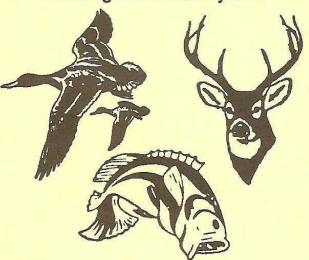


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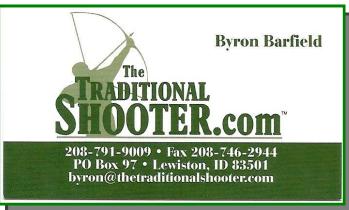


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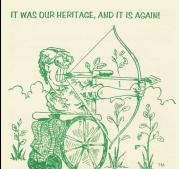


BULLETIN BOARD

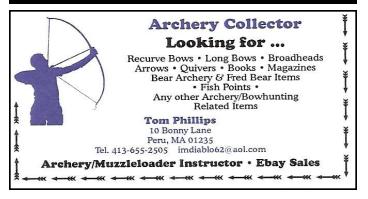
[Free Classifieds for TANJ Members]

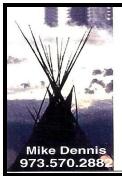


Traditional Archers of New Jersey



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Members send check made out to TANJ to Gerry "Doc" DeCaro. Remit \$6.00 [plus \$1.00 for "MEMBER" hash] for members - \$10.00 for nonmembers)! See pg. 2 for Doc's address.



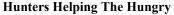
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\$15.00 for members \$20.00 for non-members

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Dear TANJ member after tagging your deer, and calling for your transportation number, take your deer to one of the participating butchers listed on our website, and in the hunter's digest. The food bank is not allowed to distribute the meat unless the deer is processed at a butcher that has been inspected by the State Health Dept. All participating butchers have passed this inspection. Fill out the form at the butcher shop (name, address, license number, transportation number, etc). If the dressed weight of your deer is more than 50 lbs, you pay at least the first \$10 of the processing fee, and HHH pays the balance. If the dressed weight of your deer is less than 50 lbs, then you pay at least the first \$25 of the processing fee. HHH is not a state funded program. All funding comes from donations, and fundraisers. Since there have been years when we had to close the program down during the hunting season due to lack of funding, we need to ask the hunter to share in the processing fee.

The butcher will then process your deer, and the food bank will pick your processed deer up at the butcher, and distribute the meat to various food pantries, emergency shelters, churches, etc. Your deer, and your willingness to share in the cost of the processing fees will then help feed hungry families in New Jersey

Thank you TANJ membership for being a vital part of the Hunters Helping the Hungry program.

Bud Thomas, Treasurer Black Knight Bowbenders HHH Council Member



Bowhunters "fawning" over fawns...

Today we went Turkey Hunting but God had other plans! This morning at 5:30 am my friend John Castle and I were going to try our luck again turkey hunting with our stickbows and started to walk across two large fields to a set of large oak trees. We again heard turkeys gobbling in the distance as we have last few days. I thought to myself today is going to be our day. We arrived above a creek bed and I set up our blind. As John

put out the decoys and we then tried to call in some birds. John is a new TANJ member and now a diehard traditional bowhunter. We met two years ago at Colliers Mills Outdoor expo and

just became friends. We applied for two turkey permits earlier in the year for a certain zone where I have seen birds during the deer hunting

During the last two weeks we were having a great time ever morning chasing the birds but could not get them to come in. In the early morning we would call and call after they flew down from their roost and no luck again.

We then decided to walk towards the creek around 10 am where every morning in the early morning light I have seen deer slowly walking down to the creek bed from another field with my binoculars at dawn was breaking for anew day. On the way along the same trail walking very quietly there in the middle of a one foot wide very high tick infested grass trail about 25 yds. away was a huge doe lying down with what looked like two newborn fawns in the distance. We watched for a while and saw her licking the cute guys. The wind shifted and the doe got up looked our way and snorted but slowly walked away leaving the twins.

We can then saw two fawns trying to stand on very shaky legs. We could not find their mother after waiting 10 minutes on the side of the trail she never came back. so then two fawns decided to come towards us and made a beeline for John...Maybe he looked like Mommy? We started to slowly back up but the two little guys stayed behind John as we walked back out the trail. Ha! It was so funny John asking me what are we going to do?

You can see from the pictures they were only inches away. We did not want to touch them feeling their mother might not want to care for them. These fawns must have been born within hours since they had a hard time standing with back legs shaking but with every step they were improving.

We then did some fast moves (well not that fast) and finally hid behind some pine trees. We could see them looking for us and you could hear them crying for over an hour after they went back down the trail looking for their Mother down by the creek bed. It was killing me not to help them or to look to see if there mother came back.

The last picture of the both of them at our feet was a killer looks like a mirror image two identical deer a once in a lifetime picture. You can see the longbow and the

> one-gloved Michael Jackson maneuver on the bottom left of one of the pictures. When I arrived home I saw that my custom J&J Hunting knife was missing from its sheath. I immediately took a ride back to the hunting area. Hmmm, I had my excuse to also check on these little guvs.

I walked back to the spot where we set up our blind and then where we first saw the fawns. I did not find the knife

> or see the fawns. Hopefully Mom came back and gave them a good talking

When I finally walked back to the my truck I

went over to the east side of the parking area where I parked my tuck earlier that morning and there was my knife lying where I removed my wet boots for sneakers for the drive home.

- Doc DeCaro







Traditional Archers of: New Jersey



Protecting the Future by Preserving the Past



TANJ MEMBERSHIP APPLICATION

Before filling out this application, please read TANJ's purpose, below, and be sure you agree with it and understand it. To better help represent our members, we ask that you please consider filling in the optional information. Please type or print clearly and keep a copy of your application. Dues must be submitted with your application. TANJ reserves the right to deny membership to, or expel from the organization, individuals who jeopardize the goal of the organization.

Membership in the United Bowhunters of New Jersey is not required, but we strongly encourage you to join.

THE PURPOSE OF TANJ is to perpetuate the true spirit of archery, to bond people with a mutual love for the traditional philosophy. In pursuit of this ideal, all TANJ functions shall be limited to the use of longbows and recurves ONLY.

OBJECTIVES: To actively promote and protect quality bowhunting, and to perpetuate fair chase (as defined by Pope & Young Club) and ethical bowhunting in New Jersey.

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Other Bowhunting Organizations you B	elong To					
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PLEASE CHECK ANY SPECIAL INTEREST: ☐ Home Computer ☐ Legal/Legislative ☐ Public Speaking Experience ☐ Fund ☐ Printing/Publishing Experience ☐ Otl	· Knowledge □ Raising Experie	Organizatión nce 🖵 Design	nal Skill 1/Art Sk	s 🖵 Writing Experienc ills 🖵 Bowhunter Edu	e Promotional Skills cation Experience	'E ON A COMMITTEE:
Annual Membership Fee = Individual: \$1 TANJ LIFE MEMBER: \$250.00	5.00, Junior (un	nder 16) = \$5.	.00, Fan	nily: \$30.00 [non-pro-	rated and due in January	y of each year]
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Traditional Archers of New Jersey 539 Oaktree Lane Jackson, NJ 08527



